

FARMING WITH ARTHRITIS



Purpose

Arthritis is a disease common to older adults and especially Ohio farmers due to high-risk work demands. Arthritis impacts one's health, quality of life, and economic livelihood. The purpose of our project is to encourage arthritis prevention and management efforts.

Impact

- Arthritis screening tool for farmers developed, revised, and tested over the past three years and shared with Extension agents in six states.
- Training manuals developed and disseminated to OSU Extension educators to replicate project.
- Over 800 Ohio farmers and rural older adults screened. A majority had minimal-moderate risk for arthritis and encouraged to contact local healthcare providers.
- Sixty-one students from OSU and Shawnee State learned about health problems of rural older adults and trained to administer screenings.
- Fifty-five community healthcare professionals received continuing education in arthritis.

CONTACT

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OHIO STATE COLLEGES/UNITS INVOLVED

COLLEGE OF MEDICINE
WEXNER MEDICAL CENTER
OCCUPATIONAL THERAPY
PHARMACY
OSU EXTENSION

COMMUNITY PARTNERS INVOLVED

SHAWNEE STATE UNIVERSITY
SOUTHERN OHIO MEDICAL CENTER
BERGER HEALTH SYSTEMS

